



4.6



An excellent source of many essential nutrients, including calcium, protein, and vitamin D, Milk serves as a vital part of a balanced diet. From improving bone health to helping reduce the risks of memory loss, drinking milk offer many health benefits.

Milk Strawberry NonFat

Serving Size 1.0 Each (1/2 pint) **Carbs: 20.00**

Served on Mon, 02/09/2026

Allergens



Dairy

Nutrients

| | |
|--------------------|--------|
| Calories | 120.00 |
| Carbohydrate (gm) | 20.00 |
| Fiber (gm) | 0.00 |
| Total Fat (gm) | 0.00 |
| Saturated Fat (gm) | 0.00 |
| Protein (gm) | 9.00 |

Ingredients

Skim Milk sucrose dextrose

beet juice natural flavor



Disclaimer

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