



4.4



A selection of seasonal fresh fruit, ripe and ready to eat.

Fresh Fruit

Serving Size 1 Each **Carbs: 18.91**

Served on Mon, 02/09/2026

Nutrients

Calories	76.57
Carbohydrate (gm)	18.91
Fiber (gm)	3.50
Total Fat (gm)	0.10
Saturated Fat (gm)	0.02
Protein (gm)	0.57



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