



3.6
★★★★☆

Ham and Cheese Sandwich

Serving Size 1 **Carbs: 39.97**

Served on Mon, 02/09/2026

Allergens



Gluten



Pork



Corn



Soy



Wheat



Dairy

Nutrients

Calories	327.99
Carbohydrate (gm)	39.97
Fiber (gm)	2.18
Sodium (mg)	905.97
Total Fat (gm)	9.35
Saturated Fat (gm)	3.54
Added Sugars (g)	1.01
Total Sugar (g)	5.22
Protein (gm)	21.73



Disclaimer

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