



3.7



A Cafe LA favorite for generations, now with added essential vitamins and minerals.

## Cafe LA Coffee Cake PREP

Serving Size 1 Each **Carbs: 49.00**

Served on Fri, 01/23/2026

### Allergens



Corn



Soy



Wheat



Gluten



Egg



Dairy

### Nutrients

Calories	310.00
Carbohydrate (gm)	49.00
Fiber (gm)	1.00
Total Fat (gm)	12.00
Saturated Fat (gm)	1.50
Protein (gm)	5.00

### Ingredients

cinnamon | malted barley flour | niacin  
iron | thiamine mononitrate | riboflavin  
folic acid | brown sugar | eggs  
soybean oil | sugar | canola oil  
dry milk powder | salt | whole wheat flour



### Disclaimer

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accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

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