



4.2



Rich in fiber and antioxidants, Apples are some of the most nutritious fruits available to human beings. Whiles Apples are not a cure-all but the saying an Apple a day keeps the doctor away holds a lot of truth.

## Fresh Apple Slices

Serving Size 1 Each 2 oz Bag **Carbs: 14.11**

Served on Fri, 01/23/2026

### Nutrients

Carbohydrate (gm)	14.11
Fiber (gm)	3.53
Total Fat (gm)	0.00
Saturated Fat (gm)	0.00
Total Sugar (g)	10.58
Protein (gm)	0.00
Calories	59.96

### Ingredients

calcium carbonate | ascorbic acid | Apples



### Disclaimer

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