



3.9



Morning Magic Bagel PREP

Serving Size 1 SERVING **Carbs: 33.50**

Served on Fri, 01/23/2026

Allergens



Wheat



Gluten



SESAME

Nutrients

Calories	170.00
Carbohydrate (gm)	33.50
Fiber (gm)	3.50
Total Fat (gm)	0.70
Saturated Fat (gm)	0.40
Total Sugar (g)	3.17
Protein (gm)	7.40



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