



4.3



A selection of seasonal fresh fruit, ripe and ready to eat.

Fresh Fruit

Serving Size 1 Each **Carbs: 18.91**

Served on Mon, 04/27/2026

Nutrients

| | |
|--------------------|-------|
| Calories | 76.57 |
| Carbohydrate (gm) | 18.91 |
| Fiber (gm) | 3.50 |
| Total Fat (gm) | 0.10 |
| Saturated Fat (gm) | 0.02 |
| Protein (gm) | 0.57 |



Disclaimer

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