



3.7



A classic calzone updated with whole wheat crust and low-fat cheese.

Three Cheese Calzone PREP

Serving Size 1 Each **Carbs: 40.00**

Served on Mon, 02/13/2023

Allergens



Corn



Soy



Wheat



Gluten



Tomato



Dairy

Nutrients

Calories	320.00
Carbohydrate (gm)	40.00
Fiber (gm)	3.00
Total Fat (gm)	12.00
Saturated Fat (gm)	6.00
Protein (gm)	16.00

Ingredients

Canola Olive Oil | water | riboflavin
thiamine mononitrate | iron



Disclaimer

The information provided here is for general purpose use only. Yumyummi.com and the school district responsible for this data do not make any claims about the completeness, accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

Copyright © 2020 YumYummi