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Holmes EEC (Holmes EI) (PREP)  
PREP EEC/CSP/PA/SNACK (Subject to Change)  
(Supper Menu)



3.4  
★★★★☆

# Kashi Strawberry Banana Smoothie Loops

Serving Size 1 **Carbs: 23.29**

Served on Fri, 03/06/2026

## Allergens



Wheat



Gluten



Corn

## Nutrients

Calories	101.25
Carbohydrate (gm)	23.29
Fiber (gm)	3.04
Sodium (mg)	111.38
Total Fat (gm)	1.01
Saturated Fat (gm)	0.00
Added Sugars (g)	6.08
Total Sugar (g)	7.09
Protein (gm)	2.03



## Disclaimer

The information provided here is for general purpose use only. Yumyummi.com and the school district responsible for this data do not make any claims about the completeness, accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

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