



4.0
★★★★☆

Cafe LA Bowls are a meal in themselves!
Steamed brown rice topped with beef teriyaki and sauce served with fresh cooked carrots.

Beef Teriyaki Dippers and Carrots Rice Bowl PREP

Serving Size 1 Serving **Carbs: 71.25**
Served on Fri, 05/01/2026

Allergens



Wheat



Soy



Corn

Nutrients

Protein (gm)	19.47
Fiber (gm)	6.01
Carbohydrate (gm)	71.25
Saturated Fat (gm)	2.77
Total Fat (gm)	8.49
Calories	434.36

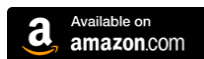
Ingredients

textured salt maltodextrin

garlic powder sesame oil Natural Flavors

chili peppers and other spices flavoring caramel color

Citric Acid soybeans



Disclaimer

The information provided here is for general purpose use only. Yumyummi.com and the school district responsible for this data do not make any claims about the completeness, accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.