



3.2



Our whole wheat pastry dough is filled with cheese and flavor to keep your day going strong.

Cheese Stuffed Pocket PREP

Serving Size 1 Each **Carbs: 19.00**

Served on Thu, 12/15/2022

Allergens



Corn



Soy



Wheat



Gluten



Tomato



Dairy

Nutrients

| | |
|--------------------|--------|
| Calories | 150.00 |
| Carbohydrate (gm) | 19.00 |
| Fiber (gm) | 1.00 |
| Total Fat (gm) | 5.00 |
| Saturated Fat (gm) | 2.50 |
| Protein (gm) | 7.00 |

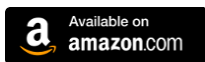
Ingredients

Thiamine mononitrate, modified food starch, cultures

salt, vitamin A palmitate, enzymes

water, Whole grain whole wheat flour, malted barley flour

niacin, iron, nonfat milk



Disclaimer

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accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

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