



4.4



A selection of seasonal fresh fruit, ripe and ready to eat.

Fresh Fruit

Serving Size 1 Each **Carbs: 18.91**

Served on Tue, 02/10/2026

Nutrients

Calories	76.57
Carbohydrate (gm)	18.91
Fiber (gm)	3.50
Total Fat (gm)	0.10
Saturated Fat (gm)	0.02
Protein (gm)	0.57



Disclaimer

The information provided here is for general purpose use only. Yumyummi.com and the school district responsible for this data do not make any claims about the completeness, accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

Copyright © 2020 YumYummi